NC ACDA Fall Conference
Meredith College, Raleigh
October 4-5, 2019

A TWO-TIME AWARD-WINNING PUBLICATION OF THE NORTH CAROLINA CHAPTER OF THE AMERICAN CHORAL DIRECTORS ASSOCIATION
Access, Engage, Transform: Raleigh 2019

Wendy Looker, NC ACDA President

Access, Engage, Transform. These are words that have driven the design of the upcoming 2019 fall conference. As I’m sure you know, it takes a village to put together a conference. July is a time of transition and training of new leadership within the NC ACDA village, amidst all the conference planning. This transition has been a smooth one, which gives me pause as I consider the art of mentoring. We are all grateful to Andy Roby for his service as President of NC ACDA, but I would be remiss if I didn’t thank Andy Roby specifically for being an exceptional mentor. Andy has a generous spirit, a sharp mind, and a growth mindset—a quality I believe is integral to effective leadership. He made a clear effort to include me and allow me to shadow him during my term as President-Elect. He has acted as a patient and kind sounding board, empowering me to explore new ideas and as we navigate NC ACDA in realizing its mission.

I hope to follow Andy’s fine example as we welcome Jeremy Tucker as President-Elect. I am beyond excited to collaborate with Jeremy Tucker, whose energy is contagious and advocacy for arts education fierce. Of course, it goes without saying that Executive Director Anne Saxon continues to be a fount of knowledge and a gentle guide whose meticulous attention to detail is impressive. Her dedication to preserving, sharing and celebrating our history reminds NC ACDA of who we are, where we come from and why we are here. I will share a few thoughts below about the fall conference; everything else you need to know follows within the issue.

We have an energetic and accessible board of Repertoire & Resource chairs eager to connect with you at the conference during R&R area roundtable lunch discussions, Saturday in Belk Dining Hall. Skip waiting in line and purchase your meal in advance as you register online! Our Reading Sessions are organized by R&R Area this year, with the Repertoire Specific Area Reading Session running concurrent with the first presentation of Interest Sessions. You will be able to attend two of three informative, engaging and practical sessions to be presented by Dr. Carole Ott Coelho of UNCG, Dr. Jami Rhodes of ECU, and Dr. Adam Ward, who will be assisted by the Encore Choir, one of his ensembles at Providence United Methodist Church. Our Concert Sessions will feature performing choirs conducted by Eddie Adams, Dr. Stephen Futrell, Heather Copley and Sam Wanamaker, and Dr. Nana Wolfe-Hill. Read on to learn more about the Performing Choirs and their directors.

We are fortunate to have co-headliner clinicians this year. While Doreen Fryling will present traditional clinician sessions, our time with David Fryling will be spent singing in a Directors Chorus. The four pieces we will rehearse with Dr. Fryling will be included in your reading session packs, kindly provided by our friends at J. W. Pepper. The conference will close with an opportunity for attendees and parents to observe NC
**Sings! clinicians, Joelle and Reese Norris, as they demonstrate the results of their all-day rehearsal with the treble and mixed choirs. We, the Directors Chorus, will then perform for parents and students. What better way to end a conference than with a session that exemplifies lifelong singing?**

Many remarkable people are working this summer to make this conference a success—thanks to Shannon Gravelle for preparing to host us at Meredith College. And thank you to the appointed chairs—Meg Stohlmann, Aaron Jackson, and Andrea VanDeusen—who have provided much of the information you’ll find inside.

Registration is open! Register online at ncacdaonline.org, and book your hotel room as well. The registration process is easy, but it is online or onsite only this year; should you require assistance, please contact Libby Tilson, Registrar. May the last weeks of summer be full of restorative and memorable moments for you. I look forward to seeing you in Raleigh!

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**Empowering Our Membership: Manifesting the Vision**

Anne M. Saxon, NC ACDA Executive Director

In 2015 NC ACDA formulated a committee to more clearly define our mission and to create goals and objectives as a part of our visioning for the future. Facilitated by Past President Bill Young, this team of folks met and subsequently created not only our Mission and Vision Statements, but we were also charged with more specific goals and objectives for reaching those goals. I am proud to say that several of these have been completed, with even more ideas that have grown out of this process. I am reporting on one such goal that has been reached with great success this past February, which will yield even more fruits as we move forward.

I cannot think of a more volatile time for young singers than their middle school years. Kids these ages are going through social and physical changes at a rapid rate which puts them in extremely awkward-feeling situations. Vocal changes are at an all-time high, yet we ask them to be vulnerable and to open themselves up to sing. Middle school choral teachers are working in an extremely unique environment to help singers navigate these challenges. Working at this level can be isolating and sometimes confusing. And yes, I speak from experience.

That is why I am extremely proud that NC ACDA is providing an exceptional middle school choral experience for both singers and teachers alike through MiddleFest. Our inaugural festival was truly successful and has started an annual event that is here to stay. Kudos to Catic Hitzigrath for formulating and executing this event! She enlisted the help of her choral colleagues, brought in a fabulous clinician, and had things running smoothly and efficiently. The culminating concert was “standing room only” as parents and family members from across North Carolina attended.

This event fulfills two of our visioning goals for NC ACDA. First, for us to offer something for one of our underserved R&R areas outside of the Fall Conference, which engages non-members and gives them and their singers a learning experience not offered otherwise in North Carolina. Secondly, to engage and support folks who are working hard in the choral classroom, a goal of the K-12 Teacher Council.

Experience has taught us that we cannot offer too many events during the Fall Conference without spreading ourselves thin and watering down the conference experience. However, each R&R content area is deserving of addressing its unique needs and providing professional support and engagement. MiddleFest is now the template for such outside workshops/clinics and opportunities, and I am excited how this takes hold in other content areas.

*Anne*
# Schedule of Events

## Friday, October 4

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>12:00-3:00pm</td>
<td>Registration Open</td>
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<tr>
<td>12:00-5:30</td>
<td>Exhibits Open</td>
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<tr>
<td>12:45</td>
<td>Opening of Conference</td>
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<tr>
<td>1:00-2:00</td>
<td>Concert Session I</td>
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<td></td>
<td>Millbrook High School Madrigals, Eddie Adams, conductor</td>
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<td>Cantari, Stephen Futrell, conductor</td>
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<td>2:10-3:20</td>
<td>Clinician Session: Dr. Doreen Fryling</td>
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<td>3:30-4:30</td>
<td>R&amp;R Reading Session (Youth, Collegiate &amp; Lifelong R&amp;R Areas)</td>
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<tr>
<td>4:30-5:10</td>
<td>Heavy hors d’oeuvres Reception</td>
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<td></td>
<td>Sponsored by Meredith College Department of Music</td>
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<tr>
<td>5:15-7:00</td>
<td>Directors Chorus with Dr. David Fryling</td>
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<td>The Stars Stand Up in the Air (Eric Barnum)</td>
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<td>Afternoon on a Hill (Colin Britt)</td>
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<td>Ave verum corpus (William Byrd)</td>
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<td>In Remembrance (Eleanor Daley)</td>
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<td>7:30</td>
<td>Student Chapters Social Mixer</td>
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<td>Brickhouse Sports Restaurant &amp; Pub</td>
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<td>3801 Hillsborough Street (across the street from campus)</td>
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<tr>
<td>7:30</td>
<td>K-12 Educators Social Mixer</td>
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<td>The Players’ Retreat</td>
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<td>105 Oberlin Road (across from the conference hotel)</td>
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## Saturday, October 5

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<th>Time</th>
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<tbody>
<tr>
<td>8:00-9:00am</td>
<td>Exhibits Open/Coffee Bar with mini-pastries</td>
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<tr>
<td>8:00-10:00</td>
<td>Registration Open</td>
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<tr>
<td>8:30</td>
<td>Door Prizes – <em>Win a Mollard baton!</em></td>
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<tr>
<td>9:00-10:00</td>
<td>Repertoire Specific R&amp;R Area Reading Session</td>
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### Access Session
- Interest Session: Dr. Carole Ott Coelho
- Creative Expression through Free Improvisation

### Engage Session
- Interest Session: Dr. Adam Ward
- Keeping the Song Alive: The Senior Adult Choir in Worship
Transform

Interest Session: Dr. Jamie Rhodes
Navigating the Female Voice: Sopranos and Altos and Chest Voice, Oh My!

10:10-11:20
Clinician Session: Dr. Doreen Fryling

11:30am-12:40pm
Concert Session II
Garner High School Die Meistersingers/Apex High School Honors
Women’s Chorus, Sam Wanamaker and Heather Copley, conductors
Wingate University Advanced Treble Ensemble, Nana Wolfe-Hill, conductor

12:45-1:45
R&R Roundtable Lunch Discussion, Belk Dining Hall
$10 meal ticket may be purchased with your online registration, or you may pay at the register

1:50-2:50
Interest Sessions (Encore)

Access
Interest Session: Dr. Carole Ott Coelho
Creative Expression through Free Improvisation

Engage
Interest Session: Dr. Adam Ward
Keeping the Song Alive: The Senior Adult Choir in Worship

Transform
Interest Session: Dr. Jamie Rhodes
Navigating the Female Voice: Sopranos and Altos and Chest Voice, Oh My!

3:00-5:15
Closing Session: NC Sings! & Directors Chorus

3:00  NC Sings! Treble Choir: Joelle Norris, clinician
3:30  Directors Chorus: Dr. David Fryling, conductor
4:45  NC Sings! Mixed Chorus: J. Reese Norris, clinician

5:15  End of Conference
6:30  NC ACDA Board Meeting & Dinner (Midtown Grille)

REGISTRATION

Register ONLINE* at http://ncacdaonline.org/2019-fall-conference-registration/

<table>
<thead>
<tr>
<th>Early Registration (available until 5 September)</th>
<th>Post-September 5 Registration (completed online after 5 September)</th>
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<tbody>
<tr>
<td>$70 ACDA member</td>
<td>$80 ACDA member</td>
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<tr>
<td>$50 first time member</td>
<td>$60 first time member</td>
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<td>$80 Non-ACDA member, spouse, guest</td>
<td>$90 Non-ACDA member, spouse, guest</td>
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<td>$20 Collegiate Attendee</td>
<td>$20 Collegiate Attendee</td>
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<tr>
<td>$35 Retired ACDA member</td>
<td>$45 Retired ACDA member</td>
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<tr>
<td>$45 One-Day Rate</td>
<td>$55 One-Day Rate</td>
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*If you require assistance with registration, please contact Conference Registrar, Libby Tilson: libbytilson@gmail.com.

- Current Members must present ACDA Membership Card at check-in.
- We do not renew memberships on site.
- On-site registration payments may be made by check (made out to NC ACDA) or credit card.
- ON-SITE REGISTRATION HOURS: Friday Noon-3pm/Saturday 8-10am

CEU Credit: If you would like to receive CEU credit for attending the conference, please obtain the pre-approval form from your school system. NC ACDA will provide documentation of your attendance.
SPECIAL OFFER FOR COLLEGE AND UNIVERSITY STUDENTS

Attend the Fall Conference at the reduced fee of $20, which includes a year of membership! NC ACDA and the National Office will share the cost of your student membership when you attend Fall Conference. You can take care of this at the conference registration table on site or speak with the ACDA Student Chapter Faculty Advisor at your school. [link]

CONFERENCE SITE
Meredith College
3800 Hillsborough Street | Raleigh, NC 27607

CONFERENCE HOTEL
DoubleTree by Hilton Raleigh Brownstone
1707 Hillsborough Street | Raleigh, NC 27605

Free parking available in visitor lots 15 & 17 (see map) | (919) 828-0811www.brownstonehotel.com
Book your room by 12 September in order to secure the $139 conference rate (breakfast included). Group Code: ACD

SATURDAY ONLY EVENT

NC SINGS! A Workshop for Young Singers

...with guest clinicians Joelle Norris (grades 3-7) and J. Reese Norris (grades 8-12)
Register online at [link] | Conductors must register by September 6
Register individual singers by September 15 | Email event chair, Patrick Schell [email]

Empowering Women for Careers in Music

Prepare for success in all music fields, from music business and performance to teaching, music therapy, and more.

- Bachelor of Arts in Music
- Bachelor of Music in Music Education
- Professional Performance Certificate
- Minor in Music

Contact
Department of Music
music@meredith.edu
(919) 760-8536
[link]
About the Interest Sessions
Aaron Jackson, NC ACDA Interest Sessions Chair

ACCESS: CREATIVE EXPRESSION THROUGH FREE IMPROVISATION
Dr. Carole Ott Coelho | UNC-Greensboro

Free improvisation has been shown to increase creativity, connection, and communication. It has the potential to transform both performers and audiences. Often, musicians are intimidated by improvisation due to lack of training, tools, and experience. How can we help our students and ourselves put aside fears about improvisation? What techniques exist to draw out our innate creativity? How can we provide access to the creative process by incorporating improvisation in a traditional concert setting?

This interest session will give conductors concrete tools by which to introduce free improvisation to students at any level from kindergarten through college and beyond. It will focus on creating a learning environment which supports creative risk taking and full engagement with the creative process. Participants will be led through a sequence specifically created to ease fears about improvisation and increase connectivity, creativity, and individual voice. By allowing our innate creativity and musicality to surface, we are able to experience ourselves as CREATORS of music. This sequence can be modified to any level, is extremely fun and engaging, and can be applied to bands, orchestras, choirs, or private studios and has the power to transform the entirety of the choral experience.

Dr. Carole Ott Coelho is Associate Director of Choral Activities at the University of North Carolina at Greensboro. Her degrees include the Master of Music and Doctor of Musical Arts in conducting from the University of Michigan where she studied with Jerry Blackstone. She also holds a Bachelor of Music in Music Education from the University of Cincinnati College-Conservatory of Music where her primary instrument was French Horn. While pursuing graduate studies at the University of Michigan, she received a double Grammy for her role in the preparation of William Bolcom’s The Songs of Innocence and of Experience.

At UNCG, Dr. Ott Coelho directs the University Chorale, teaches undergraduate and graduate conducting, and graduate seminars in choral music. She frequently appears as clinician and guest conductor both regionally and nationally and has spent several summers on faculty at the Interlochen Summer Arts Camp and Blue Lake Fine Arts Camp in Michigan. She is a recipient of the American Prize in Choral Conducting (College/University division). In 2018, she was a Fulbright Scholar to Brazil, where she spent four months researching eighteenth-century sacred music and teaching free improvisation.

An active soprano, Ott Coelho has appeared with the New Baroque Chamber Players in North Carolina, has participated in master classes with Early Music Vancouver, and is a member of the flute/soprano duo Anima Vox. She is passionate about free improvisation and incorporates this into her work as a conductor and as a soprano. www.animavoxduo.com.

ENGAGE: KEEPING THE SONG ALIVE; THE SENIOR ADULT CHOIR IN WORSHIP
Dr. Adam Ward | Providence United Methodist Church of Charlotte

In an ever-aging population, it is important to keep senior adults engaged in music-making after they feel that they don’t have “the chops” to keep up with mainstream choral repertoire. The church is a great place to engage singers who find themselves wanting to sing in a non-threatening environment. Using the Encore Choir from Providence United Methodist Church as a demonstration choir, those attending will hear and experience what is possible to achieve with a group
senior adults who love coming together to sing for others and for worship. They might even be inspired to look into starting their own group either in their church or in their community.

**Adam Micah Ward** is the Director of Music Ministries at Providence United Methodist Church of Charlotte, where he leads a multi-faceted music ministry that includes four staff, ten choirs, and countless volunteers. Outside of the church, Adam is a sought-after accompanist and clinician in both sacred and secular settings.

Receiving the Doctor of Musical Arts, Master of Music, and Bachelor of Music degrees in Organ Performance from the University of North Carolina at Greensboro, Adam also studied piano, harpsichord, voice and choral conducting at the University. During his time at UNCG, he accompanied the University Chorale, the University Men’s Glee Club, and was an adjunct lecturer in organ.

Ward is a Past Dean of the Charlotte Chapter of the American Guild of Organists and he has also served the Guild as the District Convener for North Carolina. His recording “For the Beauty of the Earth” was featured on the nationally-syndicated radio broadcast “PipeDreams”. Having performed throughout the Eastern United States, the United Kingdom, France, and Italy, Adam most recently led his church choir in performances in central Europe in the summer of 2018.

Most importantly, Adam is the proud father of his son, Benjamin.

**TRANSFORM: NAVIGATING THE FEMALE VOICE: SOPRANOS AND ALTOS AND CHEST VOICE, OH MY!**

**Dr. Jami Rhodes | East Carolina University**

How do I get my altos to make more sound? How can I get a clear sound from my soprano section? Am I compromising my singers in asking for minimal or no vibrato? What about the aging female voice? Is chest voice healthy? Is “higher and lighter” always better?

Whether you conduct a high school treble ensemble, a church choir, a collegiate ensemble, or a group of professional singers, this session is relevant and not your typical vocal health and technique discussion. This session will offer practical advice and techniques for the rehearsal process, as well as clarity on the anatomy and physiology of the female voice as it specifically relates to the choral conductor. Highlights include common misconceptions about ‘healthy’ production, vowel modification, registration (head voice and chest voice), building tone, addressing common intonation issues, and navigating the female voice through maturity.

**Dr. Jami Rhodes**, mezzo–soprano, is Associate Professor of Voice at East Carolina University, where she teaches applied voice, conducts the ECU Concert Choir, and serves as Coordinator of Vocal Pedagogy. Dr. Rhodes regularly serves as clinician and adjudicator in solo vocal and choral capacities across the country. Her students have garnered top prizes in national vocal competitions and have gone on to pursue advanced degrees at prestigious institutions across the country and abroad. She is also an active performer, appearing regularly throughout the United States. She holds the Doctor of Musical Arts in vocal performance and pedagogy from Louisiana State University, a Master of Music in vocal performance from the University of South Carolina, and a Bachelor of Music in music education from East Carolina University. Dr. Rhodes is the 2018 ECU recipient of the NC Board of Governors award for Excellence in Teaching.
In 2018, I wrote my first article for the Carolina Carolers as a way to introduce myself as the new R & R chair for barbershop music. In it, I outlined my history in barbershop and my hope to be a resource to anyone interested in barbershop music. I hope that everyone will continue to consider me as a possible resource for any questions or help you might need when it comes learning or performing this very unique American style.

In the 2018 article, I highlighted a very important connection that Dr. Tim Sharp discussed in his keynote address to the Barbershop Harmony Society’s (BHS) Harmony University in 2013. In that address, he outlined three issues that align BHS and ACDA:

1. We are facing a crisis of young men involvement in singing. We need to find ways to mentor their interests, and even through scholarship, to get men singing.

2. Cradle to Grave singing: we need to constantly reinforce that singing is a lifelong prospect.

3. Both societies are committed to develop good vocal hygiene and technique (Martin, 2017)

Recently, the mission for BHS changed to include women as members of the society. While women have participated as directors of choruses for years, they could never compete as singing members of a chorus or quartet. That has all changed! With the advent of this change comes not only music for men, but also for mixed groups to perform the barbershop style! That’s right: SATB BARBERSHOP MUSIC! While you can access national information by simply contacting BHS (https://www.barbershop.org/), you might be surprised by the kinds of projects and youth outreach that takes place right here in North Carolina!

Maria Grady, the Director of the New Bern “Southern Gentlemen” Chorus has shared that youth outreach activities with her chapter have been robust. Russ Erwin (russ_ervin@yahoo.com) indicated that the chapter has had an active Youth in Harmony program for the past 5 to 6 years. When they began their program the chapter hosted a festival on a Saturday, which was well-attended for the first year (45 Craven County Students). However, it was felt that the festival worked better as part of the school day with all schools going to a central location. This has worked well for the last two years and they have received $2500 in grant money per year from “The Harold H. Bate Foundation,” along with monies from BHS, to operate this festival. The chapter was able to have an ensemble from New Bern High School (NBHS) sing two songs in their spring show. The choral director from New Bern High School, Jessica Cockroft, was encouraged to apply for a scholarship to Harmony University and she received it! In addition, the chapter will be paying her air fare, making the trip virtually free. They are excited about the possibilities of offering these opportunities to more educators in their school district. The chapter has set a goal to have 30 to 50 students from the Craven County area present at least three songs in their show next year.

The Coastal Harmonizers of Brunswick County performed three shows in March showcasing the talents of the “Brunswick Bellas,” a female a cappella group from South Brunswick High School under the direction of Lee Thomas. The chapter listed a general contact of Jay White who can be reached through the Harmonizer’s website (http://coastalharmonizers.org/index.html). The Carolina Chord Connection out of Greenville has endeavored to be involved in their local high school. While their efforts for outreach has had mixed results, they were able to offer $500 to a participating school. They also are proud to share that one of the members of their chorus is a student from an area high school! You can reach them through Jack Fisher (jackerfish@gmail.com).

(cont’d)
The Oak City Sound Chorus is currently pursuing youth outreach projects. A chapter quartet called “Never Home 4” has a 20+ year record of reaching out and working in choral classrooms. They regularly visit middle and high school classes where they sing and demonstrate the barbershop style. There is a unique sharing they encourage by teaching barbershop “tags,” the ends of barbershop songs, which is always well received. The chorus always makes time for the groups they are visiting to perform for them, as well. Oak City is also working on a day event called Triangle Harmony eXplosion (THX). They hope to have an opportunity to present this idea to all teachers in the Wake County system, with a goal of determining what might be the best time of year for the teachers to be involved. For more information on the opportunities sponsored by this chapter, please contact Jack Moody (moody.jack@yahoo.com).

The Vice-President for Youth Outreach for the Carolina’s District (https://www.carolinasdistrict.org/) is Dr. Bill Adams. Dr. Adams has enjoyed a rich association with barbershop having performed as a member of several barbershop quartets in NC. He is also the Director of the Heart of Carolina Chorus in Raleigh. In terms of District initiatives, Dr. Adams highlighted the following opportunities for educators and students on the state level:

- All barbershop chapters are encouraged to engage with their local choral directors in terms of volunteerism, e.g. ushering at concerts, or through financial and resource donations, e.g. for sheet music;

- For college programs, the “Collegiate Challenge,” has attracted several colleges over the years including Catawba Valley Community College, Clemson University, Georgia Southern, and Methodist University. Especially at Catawba, the impetus for integrating barbershop has created several barbershop ensembles (3 choruses and 3 quartets). For that work, the Carolina’s District sent their director, Caroline Simyon, to the aforementioned Harmony University, along with supplying scholarships for several of the students. Dr. Adams also added, “We offer cash awards to the top scoring quartets (top 3 places) in each age group and we’ve made donations back to the colleges that place well. Last year, we donated $1000 to CVCC;”

- The District sponsored a quartet contest with divisions for college, high school, and even middle school. The Spring Youth Contest is held again in Charlotte next March;

- The District sponsored a Barbershop Revival at North Carolina Central University highlighting the similar roots of barbershop and gospel music. It was a resounding success, and teachers should mark this event as a “must do” on their choral calendars next year!

- The District encourages choral directors to apply for scholarships to Harmony University, n.b., the write-up for the New Bern area teacher who went for free! For those of you seeking CEU’s for licensure, this might be one way of doing it!

His chorus, The Heart of Carolina (HOC) will be sponsoring their sixth annual “Bull City A Cappella Slam.” They will work with Northern High School and off a clinic the school’s choirs, who will then appear on their show with an International Top 10 quartet. A donation of a full set of Wenger risers to Northern High School was part of the result of this successful event!

Dr. Adams is a tremendous resource to connect educators to people who can go to schools to assist with coaching and getting started in the style. While he encourages local connections, he is ready to help if a chapter does not have a youth program in place, or if there is no chapter close to a school. You can reach him at drbilladams@gmail.com.

Mind you, this article highlights only those chapters who reached out to my query with regard to outreach projects. Many more likely exist! I encourage all of you to reach out to Dr. Adams and any of our state’s 18 barbershop chapters. Of course, visit the main BHS website (there is free music there!) and certainly go to the Carolina’s District webpage for all state initiatives. It is clear to me that barbershop, as an organization, simply wants to help! If you are in search of logistical, financial, resource, and professional support, quality help is only a few clicks away!

Community choruses are, in my opinion, one of the greatest treasures in any community. Bringing adults together to make music—adults who make time out of busy lives, who donate time, talent, and treasure to our shared artistic goals—is an extremely rewarding experience. Adults come with a host of existing musical and social skills which prepare them for work in our choruses. Singers help out with running the chorus, too, everything from administrative tasks to selecting repertoire.

Research strongly suggests that music making is good for us. Making music with others has been shown to relieve stress, improve respiratory function, enhance social bonding, elevate mood, and even delay the natural cognitive decline of aging by nearly ten years! Unlike solo music, though, the magic of community choruses happens outside the concert hall. The real power of the community chorus happens in grind of weekly rehearsals, in the little conversations between pieces, and in shared meals before practice. Community choruses are more than just a place to make music—they make a family.

Today, we have seen a steady decline in our civic institutions. From civic organizations to social clubs, fewer and fewer people are interacting with others outside their close circles. Dating apps and social media compound this problem, creating the antagonistic, polarized political climate we see in this country today. Community music making can be a solution to this problem, bringing people together in a common, enjoyable purpose of creating choral music excellence.

Community choruses, therefore, must be places and spaces which are accessible to as many people as possible. Community chorus directors, like myself and like so many of you, have an obligation to consider the impacts of decisions we make. When we choose repertoire, do we consider the cultures and communities that music represents? When we select a performance venue, do we ensure it is accessible to singers and audience members with limited mobility and ability? When we speak to our singers, do we use language which recognizes and uplifts the different life experiences—race, gender expression, sexual orientation, socioeconomic status, and musical understanding—that our singers bring with them to rehearsals?

Community choruses, in a sense, provide both an overwhelming challenge and an unparalleled opportunity to further the mission of ACDA. The foremost goal of our choruses must always be excellence in choral music, but excellence does not mean technical perfection alone. Excellence can also look like providing a space for a hard-of-hearing singer to find her voice. Excellence can be choosing diverse repertoire which better represents and engages the cultures present in our communities. Excellence can even be providing learning supports to singers who are struggling with challenging literature, who are at the beginning of their lifelong development of musicianship. Whatever it takes to allow the most people to make music—that is our ethical artistic duty to our community.

I believe that choral ensembles—especially the community chorus—can succeed where our other civic organizations are struggling. We can provide a place for people to belong where they feel like they can make a real difference in their world through their voice. To do that, though, we must create spaces where all people can belong. This process can be challenging, especially when the demands on the director contradict our university training. There is no greater calling, though, than working for the better of the whole community to create a more just society for every person, and no more enjoyable way to accomplish this than through choral music making.

The NC Chapter of ACDA is creating a roster of all community choruses in NC. If you are a director or manager of a chorus, or know someone who is, please use the following link so we can get in touch with you about future collaborations and events specifically for community choruses: http://bit.ly/2KVyzKF
NC ACDA Conference Performing Choirs
Meg Stohlmann, NC ACDA Auditions Chair

MILLBROOK HIGH SCHOOL MADRIGAL SINGERS
Eddie Adams, Conductor

Eddie Adams, a native of Snow Hill, NC, is a graduate of Appalachian State University where he obtained degrees in Music Education and Music Performance. His primary teachers were Dr. Stephen Hopkins (conducting) and Dr. Joseph Amaya (voice). Mr. Adams completed a Master’s Degree in Choral Conducting at East Carolina University under the mentorship of Dr. Daniel Bara (conducting) and Dr. Louise Toppin (voice). Mr. Adams is currently in his tenth year of teaching chorus at Millbrook High School located in Raleigh. Millbrook has provided a wonderfully supportive and inclusive environment for Mr. Adams as well as the choral department. In 2012, he was selected as Millbrook’s Teacher of the Year. In November of that same year, Millbrook’s advanced mixed choir, The Madrigals, performed at the North Carolina Music Educators Association (NCMEA) Conference held in Winston-Salem.

In addition to working at Millbrook H.S., he is the director of music at St. Giles Presbyterian Church in Raleigh. Mr. Adams currently serves as Past Chair of the High School Choral Section of the NCMEA and is also a member of the American Choral Directors Association. During the summer, he serves as the high school facilitator for the North Carolina Summer Institute for the Choral Arts (NCSICA) located at Warren Wilson College in Asheville, NC.

The Millbrook High School Madrigals from Raleigh are a mixed auditioned ensemble that typically ranges from 25–35 members. Represented in this group are sophomores through seniors who dedicate themselves year round to daily rehearsals and who average twenty to thirty performances a year. These performances include Duke Chapel, the NC Executive Mansion, State Capitol Building, four ticketed concerts at Millbrook High School, as well as many other school performances. In recent years, they have performed in New York, Atlanta, Washington D.C., Boston, and Chicago, singing for such notable conductors as Simon Carrington (Yale), Z. Randall Stroope (composer), Daniel Bara (UGA), Eric Nelson (Emory University), Ann Howard Jones (Boston University) and many more. The Madrigals receive consistent Superior ratings at NCMEA Large Festival in both performance and literacy. The Madrigals were invited to perform at the 2012 NCMEA Conference.

VOICES—THE CHAPEL HILL CHORUS: “CANTARÍ”
Dr. Stephen Futrell, Conductor

Stephen A. Futrell joined the faculty in 1999 as Director of Choral Activities at Elon University and is currently serving as Artistic Director/Conductor for Voices—The Chapel Hill Chorus. As a member of ACDA, Stephen served as Jazz R&S Chair for Southern Division, served as newsletter editor of The Carolina Caroler, and is currently serving as Jazz R&R Chair for NC ACDA.

Stephen earned the Doctor of Musical Arts in Choral Conducting from the University of Missouri Kansas City Conservatory of Music, and the Bachelor and Master degrees in Music Education from Louisiana State University.

He taught in the public school system in East Baton Rouge Parish and was Director of Choral Activities at University of Louisiana Lafayette, Southeastern
Louisiana University and Shepherd University. As staff conductor and chorus master for the Baton Rouge Symphony Association, Stephen conducted the annual Messiah concerts, the annual Christmas Pops concerts, and conducted numerous concerts on the association’s summer series. He has made appearances in eighteen states as guest conductor for district and state honor choirs, and clinician and adjudicator for large and solo & ensemble festivals.

Voices is one of the Triangle’s oldest and most distinguished choral groups with a rich history spanning over four decades. The mission of Voices is to foster, sustain, and share the art and joy of choral music and to enrich the Triangle community through excellent performances of music from diverse cultures and historical periods. Voices has grown from a small group of adult singers that performed with student choruses from Frank Porter Graham Elementary School and Phillips Middle School in 1980 to the thriving member-governed and operated choral group known for its high standard of excellence today. In addition to the 100+ member chorus, Voices also has a smaller, select ensemble, Cantari. Voices performs a fall and spring concert. Cantari performs a fall; winter and spring concert.

**WINGATE UNIVERSITY ADVANCED TREBLE ENSEMBLE**
**Dr. Nana Wolfe-Hill, Conductor**

Dr. Nana Wolfe-Hill is Associate Director of Choral Activities and Assistant Professor at Wingate University where she conducts two treble choirs and teaches choral conducting and music education courses. She is a guest clinician for all-county and all-state choruses, festivals, and summer choir camps throughout North Carolina and is the Repertoire and Resources Chair of Women’s Choirs for NC ACDA. Dr. Wolfe-Hill’s research was recently published as the chapter “Collaboration and Meaning Making in the Women’s Choral Rehearsal” in The New Handbook of Choral Pedagogy (Oxford University Press, 2017). Previous to her appointment at Wingate University, she was Associate Choral Director at Lakeville High School (Lakeville, MN); a conductor and pianist with the Greensboro Youth Chorus (Greensboro, NC); and Associate Director of Music for Children and Youth at First Presbyterian Church (Greensboro, NC). She holds a Doctor of Musical Arts in choral conducting and a Master of Music in collaborative piano performance from the University of North Carolina–Greensboro, and a Bachelor of Music in vocal music education from St. Olaf College in Northfield, Minnesota.

Wingate University’s Advanced Treble Ensemble is an auditioned chamber choir comprised of undergraduate music majors and singers from a variety of majors. The chorus performs on the Wingate campus, in the Charlotte area, and annually tours throughout the state. This group seeks excellence and beauty in their music making while connecting deeply with the text, themselves, and each other. Their rehearsal schedule consists of three fifty minute rehearsals each week.

**GARNER HIGH SCHOOL DIE MEISTERSINGERS**
**APEX HIGH SCHOOL HONORS WOMEN’S CHORUS**
**Sam Wanamaker and Heather Copley, Conductors**

The Choirs at Garner Magnet High School and Apex...
High School have collaborated for many years. The Advanced Mixed Choirs from each school participate in the annual Tri High Choral Festival each year along with Middle Creek High School. In 2018, Tri High Choral Festival decided to do an overseas tour together. We became Tri Fly and toured Germany, Austria and Italy. Last year Ms. Copley and Mr. Wanamaker decided to do a Spring Concert celebrating Women’s Choir music with our Advanced Women’s Choirs. The students have made life long friends with each school and they love making music together.

Heather Copley is starting her 21st year as the choral director at Apex High School. She is a graduate of Meredith College. Ms. Copley is a board member for the NCMEA Choral Section. She is the Vocal Director for Apex’s school Musicals each year. Ms. Copley has been a clinician for summer camps and other choral festivals throughout the state. She also serves as an adjudicator at MPA each year. She was named NCMEA Choral Director of the year in 2017. She is a member of NAFME and ACDA. Ms. Copley lives in Butner with her children Cameron and Meredith.

The Apex High School Choirs performed at NCMEA in 2002 and in 2018. They have performed in Choir Festivals all over the world including The Kennedy Center for Performing Arts, Carnegie Hall, The London International Festival, and the Pearl Harbor Anniversary Celebration. They have also toured Germany, Austria, Italy and Switzerland.

Sam Wanamaker graduated from Appalachian State University with a Bachelor of Arts in Choral Music Education with a focus in Secondary Choral Studies. He grew up in Fayetteville, North Carolina participating in choir and band programs in school and through the community. He feels very lucky to be the Music Director for the Garner Fine Arts Department Spring Musical Productions and the Coordinator for our school’s chapter of the Tri-M Honors Society. Sam is a member of NCMEA, MENC, and ACDA, and is in his third year here at Garner Magnet High School.

Garner Magnet High School has a rich tradition in Choral music and Music Literacy. The Die Meistersingers is the highest level performing ensemble the school offers its students. The Die Meistersingers have performed in Choral festivals in Williamsburg, VA, and performed at the Candlelight Christmas Processional at Disney’s Epcot with Whoopie Goldberg. Last year, we toured in Germany, Austria, and Italy. We also performed with Jeff Kready, (Les Mis, Sunday’s in the Park with George, Tootsie) We participate in MPA each year and consistently receive superior ratings in repertoire and music literacy.

NC folks attend the Southern Regional Leadership team meeting in Mobile, Alabama. Pictured from L-R: Jeremy Tucker, NC ACDA President-Elect; Tom Shelton, National ACDA Past-President; Wendy Looker, NC ACDA President; and Anne Saxon, NC ACDA Executive Director.
NC Sings!

Wendy Looker, NC ACDA President

Singers in Grades 3–12 have the opportunity to work with Reese and Joelle Norris at NC Sings! This Saturday-only event is chaired by Patrick Schell and runs concurrently with conference offerings. Register now at ncacdaonline.org. Rehearsals are open to conference attendees, and both choirs will present a final performance during the penultimate session of the conference.

Our conference hotel is the Doubletree by Hilton Raleigh Brownstone–University, located at 1707 Hillsborough Street, just ten minutes from the Meredith campus. Book your room at the Conference Hotel before September 12 in order to secure the $139 conference rate (Group Code ACD). Breakfast is included.

Make plans now to renew, get in some professional development, build new relationships, and celebrate each other’s accomplishments at the Fall Conference October 4–5. And be sure to save these dates for future NC ACDA sponsored events:

**November 11 Luncheon at NCMEA**
Centenary United Methodist, Winston-Salem
Event Chair: Anne Saxon, Executive Director and Past-President

**February 21-22 MiddleFest**
Location: First Presbyterian Church, Greensboro
Clinician: Tom Shelton
Event Chair: Catie Hitzigrath, R&R Area Coordinator for Youth Choirs

**March 10–14 Lift Every Voice!**
2020 ACDA Southern Region Conference
Mobile, Alabama

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**R&R Chairs**

**Boychoirs**

JEREMY TUCKER
Raleigh Boychoir
jeremyclayontucker@gmail.com

**Children’s Choirs**

DENA BYERS
Durham Children’s Choir
denabyers@durhamchildrenschoir.org

**College/University Choirs**

JAMES FRANKLIN
East Carolina University
franklinchoir@gmail.com

**Community Choirs**

WILLIAM SOUTHERLAND
TPPA Men’s & Women’s Chorus
UNC–Greensboro
williamsoutherland@gmail.com

**Ethnic & Multicultural Perspectives**

GERALD KNIGHT
Elon University
gknight2@elon.edu

**Jazz Choirs**

STEPHEN FUTRELL
Elon University
sfutrell@elon.edu

**Junior High/Middle School Choirs & MiddleFest Coordinator**

CATIE HITZIGRATH
Lexington Middle School
catie.hitzigrath@gmail.com

**Men’s Choirs**

JEREMY NABORS
Vox Virorum Men’s Chorus
njabors@chccs.k12.nc.us

**Music in Worship**

KARRIE RUSHING
First Presbyterian Church
Greenville
rushing.karrrie@gmail.com

**High School Choirs**

DAREION MALONE
Marvin Ridge High School
Waxhaw
dareion.malone@vcps.k12.nc.us

**Two-Year Colleges**

JAEOON KIM
UNC-Pembroke
jaeyoon.kim@uncp.edu

**Show Choirs**

HEIDI HICKOX-GORDON
William A. Hough High School
Corinth
heidit.hickox@cms.k12.nc.us

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**Women’s Choirs**

NANA WOLFE-HILL
Wingate University
n.wolfewish@wingate.edu

**Youth & Student Activities**

ANDREA VANDEUSEN
Eastern Carolina University
vandeuseen7@ecu.edu

**Specially-Appointed Officers (Ex-Officio)**

Auditions Chair
MEG STOHLMANN
Appalachian State University
stohlmannmm@appstate.edu

Reading Sessions Chair
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UNC-Asheville
mgallowa@uncsa.edu

Interest Sessions Chair
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Christ Baptist Church Raleigh
arjackson821@gmail.com

Conference Site Host
SHANNON GRAVELLE
Meredith College
smgravelle@meredith.edu

Fall Luncheon Chair
ANNE SAXON
Winston-Salem Girls Chorus
midpatch@aol.com

Historian
MARTA FORCE
Greensboro
mgforce@triad.rr.com

Lara Hoggard Award Chair
SAM DOYLE
Greensboro
hoggardchair@ncacdaonline.org

NC Sings! Chair
PATRICK SCHELL
Meadowlark Middle School
ncsings@ncacdaonline.org

Exhibits Chair and Music Industry Representative
MICAH BREWER
Winston-Salem
mbrewer@jwpepper.com
North Carolina American Choral Director’s Association Luncheon
at the
North Carolina Music Educators Association Annual In-Service Conference
Monday, November 11, 2019, Winston-Salem, North Carolina, 12:00 Noon

LOCATION: CENTENARY UNITED METHODIST CHURCH
*The luncheon will be held in the Memorial Auditorium at the 4½ Street
back entrance, just two blocks from the Benton Convention Center.
*A church shuttle bus will run from the main Convention Center entrance on 5th street
from 11:45 - 12:10, & return to the same spot from 1:30 - 1:45.
*No additional cost required for shuttle transportation.

You do not need to be a member of NC ACDA to attend.
******* Drawing for FREE ACDA Memberships included! *******

BUFFET MENU:
- Baked Chicken Breast, Rice Pilaf, Steamed Green Beans, Fruit, & Salad
- Bread & butter, Regular & Decaf Coffee, Iced Tea (Sweet & Unsweet)
- Dessert

Including a performance by the
Lexington Middle School 8th Grade Chorus
Catie Hitzigrath, Conductor
— Upstairs in Centenary UMC’s beautiful sanctuary

Luncheon Cost: $15.00 per person in advance / $20 at the door
- Register & pay online at www.ncacdaonline.org by October 29th
- OR pay by Check postmarked by Monday, October 29th
  Please make out check to NC ACDA & mail to:
  Paul Etter, NC ACDA Treasurer, 729 Cedar Hill Drive, Shelby, NC 28152

$20 per person at the door (cash or check ONLY) if space is available

Order form if paying by Check in advance:
Place Luncheon Orders by mailing the completed form below
with a $15 Check (made out to NC ACDA & postmarked by Monday, October 28, 2019)
Registration form also online at www.ncacdaonline.org (download & mail with check)

Name: ___________________________  Address: ___________________________
City: ___________________________  State __________  Zip: __________
NC ACDA Luncheon Guest(s): _______ @ $15.00 = Total Amount Submitted: $ _________
Mail this form and your check made out to “NC ACDA” to:
Beverly Alt, NC ACDA Treasurer, 7037 Bronco Lane, Summerfield, NC 27358
**NCMEA Conference Luncheon Performing Choir**

The Lexington Middle School 8th Grade Chorus is part of a program that consists of over 175 singers at Lexington Middle School (almost 30% of the school's population). They are known in every part of their school building and community as hard-working individuals who strive to be their best every day. The chorus’s motto, “collaborate, create, appreciate,” encourages the students to work together to be a part of something much larger than themselves.

These singers consistently receive Superior scores in Performance and Sight Reading at Music Performance Adjudication and perform regularly throughout their community. In 2018 they were invited to sing at the NC Department of Public Instruction. Students in Lexington Chorus excel in several different areas as many of them are serving their school as athletes, National Junior Honor Society members, and Rotary Scholars.

Catie Hitzigraith is the Choral Director for Lexington Middle School. She earned a Bachelor of Music in Music Education from Meredith College and a Master of Music in Music Education from Appalachian State University. Before coming to Lexington, Catie taught both middle and high school in Winston-Salem and Wilkesboro, North Carolina. In addition to teaching public school she has spent many years working with children’s choirs across the state.

Catie is an active member of the NCMEA and serves on the board for the NC ACDA as both the Middle School Repertoire and Research Chair and the Youth Coordinator. She also frequently serves as a staff member for the North Carolina Institute in Choral Art at Warren Wilson College in Swannanoa, NC.

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**A Word from the Student Activities Chair**

**Andrea VanDeusen, NC ACDA Student Activities Chair**

Greetings, North Carolina choral musicians! My name is Andrea VanDeusen and I am excited to serve you as North Carolina ACDA Student Activities R&R Chair! I also serve as Assistant Professor of choral music education at East Carolina University. Since arriving in North Carolina a few years ago, I’ve experienced such an inviting choral community and it’s been a joy to meet so many wonderful people. If we haven’t yet met, I hope to do so at the state conference this fall!

I’d like to take this opportunity to share some benefits of student memberships and encourage college students to join ACDA and become involved in their respective collegiate chapters. ACDA membership provides students a great opportunity for early professional growth and networking.

**Student Benefits**

- Option to participate in the ACDA mentoring program
- Subscription to Choral Journal ChorTeach and International Journal for Research in Choral Singing

**Membership Options**

- Student membership is only $35 per year—such a discount from the $125 active membership rate!
- New student members can take advantage of North Carolina’s special initiative and join for just $5 for the first year!

I also encourage college students to attend the upcoming Fall Conference. The variety of interest and reading sessions offered at the conference are great resources for students. We also will have a mixer designed for college students to meet fellow choral music majors from institutions throughout the state. What a great way to make some new friends and begin building your professional network!

I look forward to serving all of you as NC ACDA Student Activities R&R Chair. If you know of a student who would benefit from being a member of ACDA, please encourage them to join and take advantage of all its offerings today.
# Membership Form

Online Renewal: www.acda.org  
Fax or mail:  
ACDA  
545 Couch Drive  
Oklahoma City, OK 73102-2207  
Phone: 405-232-8161 x110  
Fax: 405-232-8162 (no cover sheet please)  
membership@acda.org

☐ New Membership  
☐ Renewal: # ____________ (Please print clearly)

Name  
First Name  Middle Name  Last Name  Suffix  Last 4 # of SSN

Mailing Address  
Address 1:  
Address 2:  
City:  
State / Province:  
Postal Code / Country:  
Phone:  
Fax:  
Cell:  
Primary Email:  

☐ I would like to receive email notifications from ACDA.

## ACDA Membership - Including Choral Journal Subscription

Visit our website for a description of these types. www.acda.org/membership  
Active, (US and Canada).  
Active Iowa. (Active members who live in the state of Iowa)  
Active Minnesota. (Active members who live in the state of Minnesota)  
International. (Those outside the US & Canada. payment must be in U.S. dollars)  
Retired  
Retired Minnesota. (Retired members who live in the state of Minnesota)  
Student. (Full and part-time students at any level)  
Associate, (Choral Singers, Administrators & non-directors)  
Associate Minnesota. (Administrators & non-directors who live in Minnesota)  
Institution, (Ensemble or School/Church/Music Dept.)

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**To qualify for life membership, you must have been an active member of ACDA for a minimum of 10 years

Donation: ACDA Endowment, $_________ Fund for Tomorrow, $_________

## Payment - Payable to ACDA in US Dollars. Total Amount Paid $_________

☐ Check # ____________ (Enclosed) Do not fax if mailing a check  
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Expiration Date: __/____/____  CVV 2 Code: __________

Name on Card: ____________  Signature: ____________

Billing Address: ____________ Date: ____________

I agree to pay the total according to the credit card issuer agreement and acknowledge that all sales are final unless duplicate payment is made.
Editor’s Note
Carl Ashley, NC ACDA Publications Manager & Editor

I hope your summer is proving relaxing and is an opportunity to check off some of those things on your to-do list, as it is for me. Believe it or not, it’s time to start thinking about the fall already!

There are some terrific articles in this issue, including several concerning the Fall Conference to be held at Meredith College in Raleigh. Our Executive Director has shared with us her thoughts on the vision of NC ACDA, Michael Martin has given us some insights into youth in barbershop, and William Southerland tells us about “One of the Greatest Treasures” in our community. Can you guess what that is?!

As always, get yourself published! Send your article submissions to carolinacaroler@gmail.com.

Musically yours,
Carl

Name That Excerpt!
Answer in the next issue.

S1 10 Qui am-bu-lant in le-ge Do-mi-ni

S2 1 Qui am-bu-lant in le-ge Do-mi-ni

A Lant in le-ge Do-mi-ni

T Qui am-bu-lant in le-ge Do-mi-ni

B Qui am-bu-lant in le-ge Do-mi-ni

Answer to previous issue’s excerpt:
III. “Laudamus te” from Gloria in D, RV 589 by Antonio Vivaldi.

NC ACDA R&R COORDINATORS

Youth Coordinator CATIE HITZIGRAHT Lexington Middle School catie.hitzigrath@gmail.com

Lifelong Coordinator AARON JACKSON Christ Baptist Church, Raleigh arjackson821@gmail.com

Repertoire Specific Coordinator STEPHEN FUTUREL Elon University sfutrell@elon.edu

College/University Coordinator JAMES FRANKLIN East Carolina University franklin.chair@gmail.com

THE CAROLINA CAROLER is the official newsletter of the North Carolina Chapter of the American Choral Directors Association. Articles and advertisements may be submitted to Carl Ashley at carolinacaroler@gmail.com. Articles must be submitted via email as Word documents using Times New Roman at 12 point. Please do not double space after periods, hyphenate, abbreviate, or include any formatting. Pictures should be electronically attached separately, preferably in the .png format. NC ACDA reserves the right to edit all submissions.

ADVERTISING RATES
The Carolina Caroler accepts advertising at the following rates:
- Full page: $150.00 (approx. 7.5” x 10”)
- Half page: $100.00 (approx. 7.5” x 4.5”)
- Quarter page: $50.00 (approx. 3.75” x 4.5”)

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Discounts are available on multiple ads of the same design. Rates listed are for digital .jpg or .pdf files. A check made payable to “North Carolina ACDA” must accompany the order. Invoices sent upon request. Copy will not run without advance payment. Advertising copy is subject to editorial approval. The editor reserves the right to head and/or box any advertisement as deemed necessary.